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## Erasmus + Capacity Building in Higher Education Project

**“Strengthening capacities and digital competences in biomedical education through internationalization at home” BIOSINT - 101082863**

### D 5.3 Sustainability action plan

Work package	Title
5	<b>Impact and dissemination</b>
Activity	Title
D 5.3	Action plan for sustainability of BIOSINT project

**Erasmus+ KA2 Capacity Building in the field of Higher Education Strengthening capacities and digital competences in biomedical education through internationalization at home BIOSINT  
101082863-BIOSINT-ERASMUS-EDU-2022-CBHE**

Project number: 101082863-BIOSINT-ERASMUS-EDU-2022-CBHE Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or European Education and Culture Executive Agency (EACEA). Neither the European Union nor the granting authority can be held responsible for them.

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## Introduction

In this document there are dissemination and sustainability plans of WB partner universities that have to ensure further dissemination and sustainability of the project as direct beneficiaries and key subjects in all processes.

The Sustainability Action Plan for the BIOSINT project establishes a structured approach to ensuring that the project's results, tools, and methodologies continue to generate impact beyond the project's lifetime. In line with EU project sustainability standards, the plan outlines the strategic measures required to preserve and integrate BIOSINT outputs within partner institutions, strengthen long-term collaboration, and support ongoing capacity-building efforts. It provides a coherent framework that links the project's achievements with future institutional needs and sector-wide priorities.

To facilitate practical implementation, the plan is organized through a detailed matrix that connects each project activity with corresponding sustainability actions, indicators of achievement, required institutional support, potential funding opportunities, and responsible bodies. This systematic structure ensures clarity, accountability, and feasibility in maintaining and scaling the project's outcomes. By defining these elements, the Sustainability Action Plan supports partner institutions in embedding BIOSINT results into their regular operations, thereby securing long-term relevance, visibility, and impact.



## University of Medicine Tirana

### Dissemination and Sustainability Plan

Table 1. Sustainability plan after the project lifetime of the Faculty of Dental Medicine, University of Medicine, Tirana

Activity	Sustainability actions (steps)	Indicators	Needed support of ...	Funding	Responsible body/ functions
<b>Implementation of activities from the Strategy for Internationalization at Home for the Faculty of Dental Medicine, UMT</b>	Implementation of the IaH Strategy for the Faculty of Dental Medicine activities to the maximum extent possible, in accordance with institutional priorities, capacities, and available resources	Indicators from the Strategy for Internationalization	Rectorate Dean Vice Deans International office Staff	Rectorate Faculty of Dental Medicine	Rectorate Dean Vice-deans International office
<b>Updating institutional guidance documents:</b> 1."Guide for Incoming Staff and Students." 2."Safety and Security Protocol" Guide 3."Buddy System Manual."	Annual revision of the documents. Integration of feedback from home and international staff and students.	Number of updates.	Dean Vice Deans International office	NA	Dean Vice-deans Project Coordinator
<b>Continuation of the new virtual course</b>	The continuation of the implemented course: Medical Nutritional Therapy	Number of students enrolled	Rectorate Dean Vice Deans	NA	Dean Vice-deans Project Coordinator
<b>Annual review and enhancement of internationalized and virtual course content</b>	Update syllabi annually based on student feedback, alignment with European standards.	Number of syllabi updated	Dean Vice Deans Staff	NA	Dean Vice-deans Project Coordinator
<b>Continuation of the Buddy System at the Faculty of Dental Medicine</b>	Continued implementation of the Buddy System, including annual mentor training and recruitment of new mentors.	-Mentor satisfaction; mentee satisfaction; number of successful mentor-mentee matches.	Home and international students	NA	Dean Vice-deans International office Project Coordinator





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<b>Continuous use of the virtual classroom</b>	Use of the virtual classroom for on-site supported lectures and fully online lectures, including joint and international teaching activities.	-Frequency of virtual classroom use beyond the project duration -Number of virtual lectures, joint classes, or international sessions conducted annually	Dean Vice Deans Staff	NA	Dean Vice-deans Project Coordinator
<b>Ensuring long-term functionality of the virtual classroom created under BIOSINT.</b>	Regular equipment checks, software updates, and continuous IT support.	Functionality reports	IT Office, Procurement Office.	Faculty budget, UMT budget.	Rectorate, Dean, IT Office, Procurement Office.
<b>Annual training for staff and students on IaH and digital competences</b>	Annual development workshops.	-Number of trainings held. -Number of participants trained.	Dean Vice Deans Staff	NA	Dean Vice-deans Project Coordinator
<b>Maintaining and expanding cooperation with BIOSINT partner universities</b>	Continuous joint activities, webinars, research collaboration, and student exchanges.	-Number of joint activities per year; -Number of outgoing/incoming mobilities.	Rectorate, Dean Vice Deans International Office.	Faculty budget, UMT budget.	Rector Dean Vice-deans International office
<b>Continued BIOSINT promotion and visibility</b>	<ul style="list-style-type: none"> <li>- Continue presenting BIOSINT outcomes at university info days, academic meetings, workshops, and conferences.</li> <li>- Include BIOSINT achievements in institutional presentations, reports, and promotional events.</li> <li>- Encourage academic staff and students to reference BIOSINT results in future projects and initiatives.</li> </ul>	<ul style="list-style-type: none"> <li>- Number of BIOSINT presentations per academic year.</li> <li>- Number of dissemination events including BIOSINT content.</li> <li>- Audience reach (students, staff, external stakeholders).</li> </ul>	BIOSINT TEAM	NA	Faculty of Dental Medicine Biosint Team



## University of Shkodra “Luigj Gurakuqi”

### Dissemination and Sustainability Plan

Table 1. Sustainability plan after the project lifetime of the University of Shkodra “Luigj Gurakuqi”

Activity	Sustainability actions (steps)	Indicators	Needed support of ...	Funding	Responsible body/ functions
Continued International Mobility & Student Support	<ul style="list-style-type: none"> <li>- Institutionalize the Erasmus Students Buddy System and Safety Protocol (done in the framework of BIOSINT project) at Shkodra University.</li> </ul>	<ul style="list-style-type: none"> <li>- Student satisfaction surveys and feedback reports.</li> <li>- Number of trained buddy mentors per academic year.</li> <li>- Compliance rate with safety protocols.</li> </ul>	<ul style="list-style-type: none"> <li>- IRO</li> <li>- Faculty coordinators.</li> <li>- Erasmus Student Network / Student Union.</li> <li>- University Senate for policy integration.</li> </ul>	<ul style="list-style-type: none"> <li>- Erasmus+ ICM / KA171.</li> <li>- University mobility funds.</li> </ul>	Shkodra University IRO (coordination, reporting).
Capacity Building for Academic and Administrative Staff	<ul style="list-style-type: none"> <li>- Introduce annual training sessions on mobility management.</li> <li>- Integrate BIOSINT-developed materials into institutional programmes.</li> <li>- Promote continued collaboration with partner universities for joint training and exchanges.</li> </ul>	<ul style="list-style-type: none"> <li>- Number of staff trained annually.</li> <li>- Number of training modules integrated or updated.</li> </ul>	<ul style="list-style-type: none"> <li>- Partner HEIs.</li> <li>- Human resources Department</li> </ul>	<ul style="list-style-type: none"> <li>- Erasmus+ Staff Mobility.</li> <li>- Institutional training budget.</li> </ul>	<ul style="list-style-type: none"> <li>- Human Resources Office</li> <li>- IRO (mobility coordination).</li> </ul>
Dissemination & Exploitation of Results	<ul style="list-style-type: none"> <li>- Maintain an active section for BIOSINT deliverables on the university website.</li> <li>- Continue using the dissemination materials (brochures, videos, success stories) as part of recruitment and promotion.</li> <li>- Incorporate BIOSINT best practices into future</li> </ul>	<ul style="list-style-type: none"> <li>- Website traffic to BIOSINT section.</li> <li>- Engagement on social media and university channels.</li> </ul>	<ul style="list-style-type: none"> <li>- PR &amp; Communication Office.</li> <li>- IT / Web team.</li> <li>- Faculties and student organizations</li> </ul>	<ul style="list-style-type: none"> <li>- Institutional funds.</li> <li>- Possible Erasmus+ follow-up projects.</li> </ul>	<ul style="list-style-type: none"> <li>- PR Unit.</li> <li>- Project coordinators.</li> </ul>





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	project applications and strategies.				
<b>Academic Integration and Curriculum Development</b>	<ul style="list-style-type: none"> <li>- Integrate modules developed under BIOSINT into regular curricula.</li> <li>- Encourage further co-teaching with partner universities.</li> </ul>	<ul style="list-style-type: none"> <li>- Number of modules adopted in curricula.</li> <li>- Number of joint lectures delivered.</li> <li>- Student evaluation of new modules.</li> </ul>	<ul style="list-style-type: none"> <li>- Academic Senate.</li> <li>- Quality Assurance Unit.</li> <li>- Partner institutions.</li> </ul>	<ul style="list-style-type: none"> <li>- University budget.</li> <li>- National/EU project opportunities (CBHE, KA2).</li> </ul>	<ul style="list-style-type: none"> <li>- Faculties and academic departments.</li> <li>- QA Office.</li> </ul>
<b>Long-term Partnerships &amp; Networking</b>	<ul style="list-style-type: none"> <li>- Sustain collaborations with BIOSINT partner universities through new Erasmus+ agreements (ICM, KA2, CBHE).</li> <li>- Participate in joint conferences, publications, and regional initiatives.</li> <li>- Promote the BIOSINT network regionally.</li> </ul>	<ul style="list-style-type: none"> <li>- Number of new or renewed agreements.</li> <li>- Joint publications/events.</li> <li>- Participation in international calls.</li> </ul>	<ul style="list-style-type: none"> <li>- Partner HEIs.</li> <li>- Research offices.</li> <li>- Management structures.</li> </ul>	<ul style="list-style-type: none"> <li>- Erasmus+ partnerships.</li> <li>- Research grants.</li> </ul>	<ul style="list-style-type: none"> <li>- IRO.</li> <li>- Research &amp; Innovation Unit.</li> <li>- University leadership.</li> </ul>
<b>Digitalization and Knowledge Management</b>	<ul style="list-style-type: none"> <li>- Maintain and update digital tools and platforms created under BIOSINT.</li> <li>- Store all deliverables in institutional repositories for future use.</li> </ul>	<ul style="list-style-type: none"> <li>- Number of users accessing the tools.</li> <li>- Updates and improvements made annually</li> </ul>	<ul style="list-style-type: none"> <li>- IT Department.</li> <li>- IRO.</li> <li>- QA Office.</li> </ul>	<ul style="list-style-type: none"> <li>- University IT budget.</li> <li>- External IT grants.</li> </ul>	IT Unit.



**University of Montenegro**  
**Dissemination and Sustainability Plan**

Table 1. Sustainability plan after the project lifetime of the University of Montenegro

Activity	Sustainability actions (steps)	Indicators	Needed support of ...	Funding	Responsible body/ functions
<b>Implementation of activities from the Strategy for Internationalization at Home for the Faculty of Medicine, UoM</b>	Implementation of the IaH Strategy for the Faculty of Medicine activities <b>to the maximum extent possible</b> , together with the Strategy for internationalization of UoM and Development Strategy for Faculty of Medicine in accordance with institutional priorities, capacities, and available resources	Indicators from the Strategy for Internationalization	Rectorate Dean Vice Deans International office Staff	Rectorate Faculty of Medicine	Rectorate Dean Vice-deans International office
<b>Continuation of activities regarding Internationalization of Curriculum</b>	Continuation of already started activities in this field, based on model used for Internationalization of existing and new syllabi through BIOSINT. Update courses annually based on student feedback, alignment with European standards.	Number of internationalized courses in all study programs of Faculty of Medicine	Dean Vice Deans Staff	Faculty of Medicine	Dean Vice Deans Staff
<b>Updating institutional guidance documents formed through BIOSINT</b>	Annual revision of the documents. Integration of feedback from home and international staff and students.	Number of updates.	Dean Vice Deans International office	NA	Dean Vice-deans Project Coordinator
<b>Continuation of the new virtual course</b>	The continuation of the implemented courses	Number of students enrolled	Rectorate Dean Vice Deans	NA	Dean Vice-deans



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					Project Coordinator
<b>Continuation of the Buddy System</b>	Continued implementation of the Buddy System, including annual mentor training and recruitment of new mentors.	Mentor satisfaction; mentee satisfaction; number of successful mentor-mentee matches.	Home and international students	NA	Dean Vice-deans International office Project Coordinator
<b>Continuous use of the virtual classroom</b>	Use of the virtual classroom for on-site supported lectures and fully online lectures, including joint and international teaching activities.	Frequency of virtual classroom use beyond the project duration. Number of virtual lectures, joint classes, or international sessions conducted annually	Dean Vice Deans Staff	NA	Dean Vice-deans Project Coordinator
<b>Annual training for staff and students on IaH and digital competences</b>	Annual development workshops and trainings.	-Number of trainings held. -Number of participants trained.	Dean Vice Deans Staff	NA	Dean Vice-deans Project Coordinator
<b>Maintaining and expanding cooperation with BIOSINT partner universities</b>	Continuous joint activities, webinars, research collaboration, and student exchanges.	Number of joint activities per year. Number of outgoing/incoming mobilities.	Rectorate, Dean Vice Deans International Office.	Faculty of Medicine	Rector Dean Vice-deans International office
<b>Mutual exchange programs of staff and students with European institutions</b>	Further development of existing exchange programs for students and establishing new cooperation.	Number of incoming students per year Number of incoming staff per year Number of outgoing students per year Number of outgoing staff per year	Dean Vice dean for international cooperation International office of the University	Faculty of Medicine	Dean Vice-deans International coordinator International office



## University of East Sarajevo

### Dissemination and Sustainability Plan

Table 1. Sustainability plan after the project lifetime of the University of East Sarajevo

Activity	Sustainability actions (steps)	Indicators	Needed support of ...	Funding	Responsible body/ functions
Development of continuous reports for WFME accreditation by the Hungarian accreditation committee	Implementation of all recommendations from 8 WFME standards	-Refined Mission statement -Updated curriculum - Interdisciplinarity of curriculum -Evaluation of program outcomes, structure and relevance -Created a central accessible repository for curriculum policies	All professional services of the Faculty of Medicine	Faculty of Medicine	Dean Vice-deans Quality assurance coordinator
Implementation of activities from the adopted Strategy for Internationalization together with the Development Strategy	Integration of the Strategy for Internationalization together with the Development Strategy	Indicators from the Strategy for Internationalization	n/a	Faculty of Medicine	Dean Vice-deans International coordinator International office Quality assurance coordinator
Mutual exchange programs of staff and students with European institutions	Existence of structure for receiving European staff and students	8 incoming students per year 8 incoming staff per year	International office of the University	Faculty of Medicine	Dean Vice-deans International





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		50 foreigners per year enrolled regular in the 1 <sup>st</sup> study year			coordinator International office
Keeping updated all digital international protocols	Refreshing all segmented elements in the sub register international cooperation at the faculty's webpage	Number of entries at the webpage	Information office	Faculty of Medicine	Professional computing officers
Development of new virtual internationalized courses	Establishing cooperation with European universities	Number of cooperations Number of virtual internationalized courses	European universities in creation of new virtual int'l courses	Faculty of Medicine	Dean Vice-deans International coordinator
Regular functioning of buddy system at the Faculty of Medicine	Refreshing the leaders and mentors continually	Number of newcomers	Domestic and international students	Faculty of Medicine	Dean Vice-deans International coordinator Students



## University of Mostar, School of Medicine

### Dissemination and Sustainability Plan

Table 1. Sustainability plan after the project lifetime of the University of Mostar, School of Medicine

Activity	Sustainability actions (steps)	Indicators	Needed support of ...	Funding	Responsible body/ functions
Development of continuous reports for The Croatian Agency for Science and Higher Education (AZVO)	Implementation of all recommendations from AZVO	<ul style="list-style-type: none"> <li>-Refined Mission statement</li> <li>-Updated curriculum</li> <li>-</li> <li>Interdisciplinarity of curriculum</li> <li>-Evaluation of program outcomes, structure and relevance</li> <li>-Created a central accessible repository for curriculum policies</li> </ul>	All professional services of the School of Medicine	School of Medicine	Dean Vice-deans Quality assurance office/ coordinator
Implementation of activities from the adopted Strategy for internationalization	Integration of the Strategy for Internationalization together with the Development Strategy	Indicators from the Strategy for Internationalization	n/a	School of Medicine	Dean Vice-deans International coordinator International office Quality assurance coordinator
Mutual exchange programs of staff and students with European institutions	Existence of structure for receiving European staff and students	<ul style="list-style-type: none"> <li>15 incoming students per year</li> <li>8 incoming staff per year</li> <li>30 foreigners per year</li> </ul>	International office of the University	School of Medicine	Dean Vice-deans International coordinator International office





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		enrolled regular in the 1 <sup>st</sup> study year			
Keeping updated all digital international protocols	Refreshing all segmented elements in the sub register international cooperation at the School's webpage	Number of entries at the webpage	Information office	School of Medicine	Professional computing officers
Development of new virtual internationalized courses	Establishing cooperation with European universities	Number of cooperations Number of virtual internationalized courses	European universities in creation of new virtual int'l courses	School of Medicine	Dean Vice-deans International coordinator
Regular functioning of buddy system at the School of Medicine	Refreshing the leaders and mentors continually	Number of newcomers	Domestic and international students	School of Medicine	Dean Vice-deans International coordinator Students



**University of Tuzla**

**Dissemination and Sustainability Plan**

Table 1. Sustainability plan after the project lifetime of the University of Tuzla

Activity	Sustainability actions (steps)	Indicators	Needed support of ...	Funding	Responsible body/ functions
Implementation of activities from the adopted Strategy for internationalization	Integration of the Strategy for Internationalization	Indicators from the Strategy for Internationalization	n/a	Faculty of Medicine	Dean Vice-deans International coordinator International office
Keeping updated all digital international protocols	Refreshing all segmented elements in the sub register international cooperation at the faculty's webpage	Number of entries at the webpage	Information office	Faculty of Medicine	Professional computing officers
Development of new virtual internationalized courses	Establishing cooperation with European universities	Number of cooperations Number of virtual internationalized courses	European universities in creation of new virtual int'l courses	Faculty of Medicine	Dean Vice-deans International coordinator
Regular functioning of buddy system at the Faculty of Medicine and University of Tuzla	Refreshing the leaders and mentors continually	Number of newcomers	Domestic and international students	Faculty of Medicine	Dean Vice-deans International coordinator Students





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## The BIOSINT website



The BIOSINT project website is on line

The BIOSINT web site is ready for use, not only for the partners but for all the stakeholders or people interested about the intellectual outputs of the project. Our aim is for the project website to be the “information center” for all the announcements, open calls and activities that will take place during and after the realization of the project.

More information: <https://biosint.net/>

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